



Let's talk about Sex

Contraception

A couples game only!

Remember, both partners shall feel comfortable and not pressured to answer. But, try to talk about your answers afterwards.

5

If you do not want to answer a question, look your partner in the eyes, count to ten, and say pass.

4

Lay the cards face down on a table. Player 1, draws the first card and reads it out loud. Decide whether both or only one person shall answer.

3

Before you start, take a deep breath, look each other in the eyes and focus solely on your partner.

2

Put yourself in a comfortable position and sit across from each other. Mute your phones, radio and other distractions.

1

**Tell me...**

...would you like us to go to a consultation together?

**Tell me...**

...shall we share the costs for contraception?

**Tell me...**

.....do / would you trust me fully if being solely responsible for contraception ?

**Tell me...**

...would you (woman) hand over the authority over contraception to your partner?

**Tell me...**

...would you (man) would be willing to take over the authority over contraception?

**Tell me...**

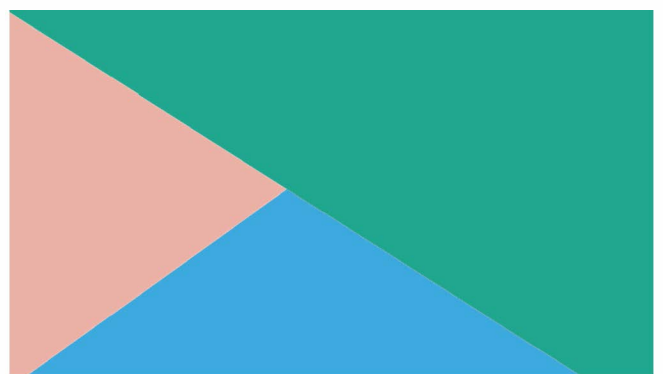
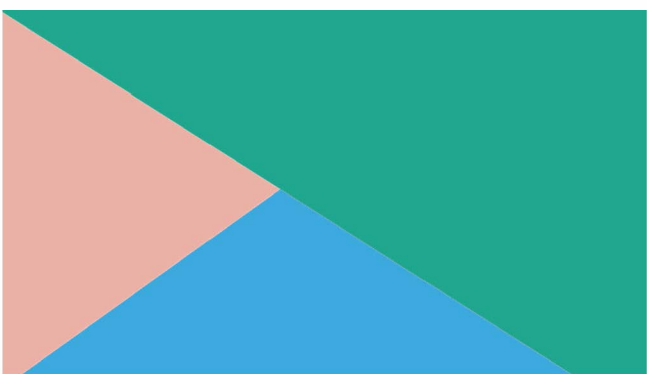
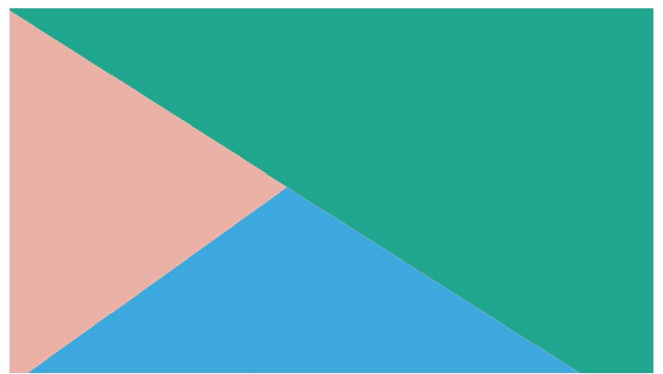
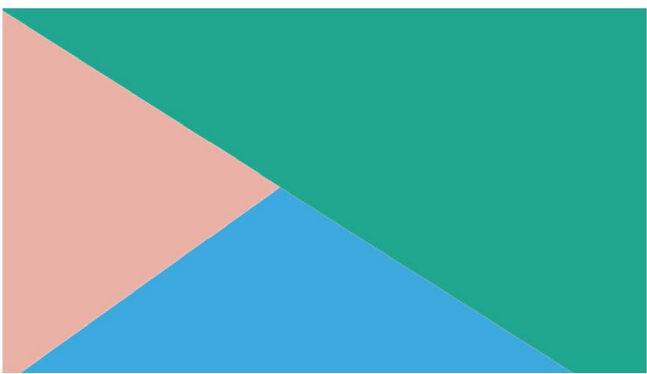
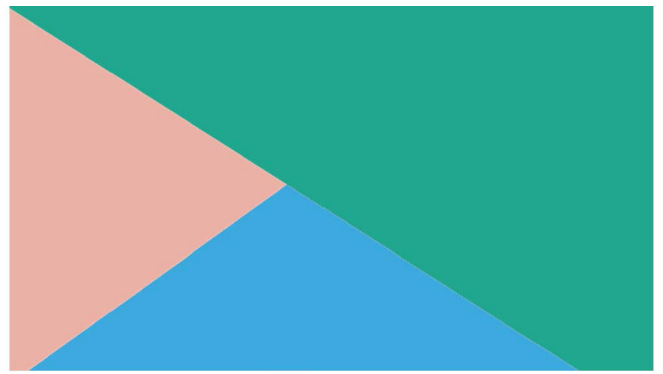
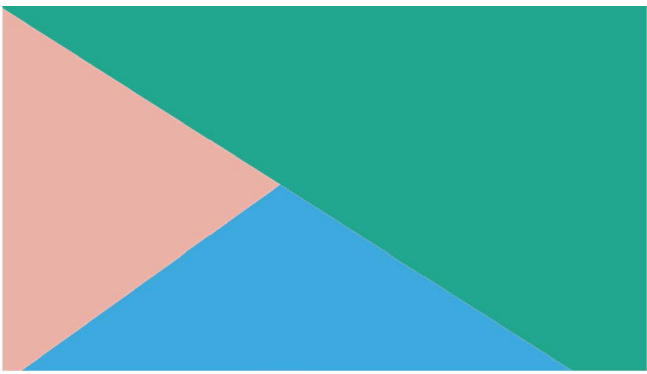
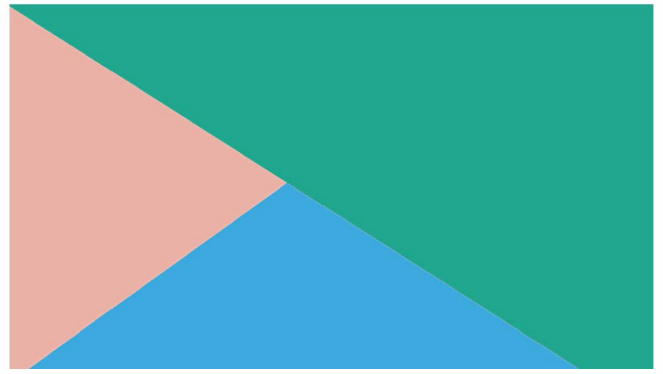
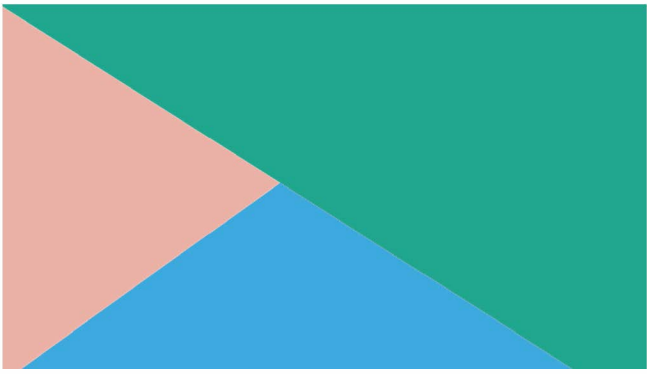
...which contraceptive would you like to try, which you haven't told me about?

**Tell me...**

...how would you describe our roles in contraception? What are our mutual expectations?

**Tell me...**

...are you satisfied with the contraception method I / we chose?



**Tell me...**

...which new male contraceptive could you (man) imagine to try, once it is available?

**Tell me...**

...what about contraception did you never asked me, because you were afraid of my reaction?

**Tell me...**

...what did you worry about the most, before we slept together the first time?

**Tell me...**

...did you know what kind of contraception I am using, before we slept together the first time?

**Tell me...**

...what do you love and what do you hate about me the most in bed?

**Tell me...**

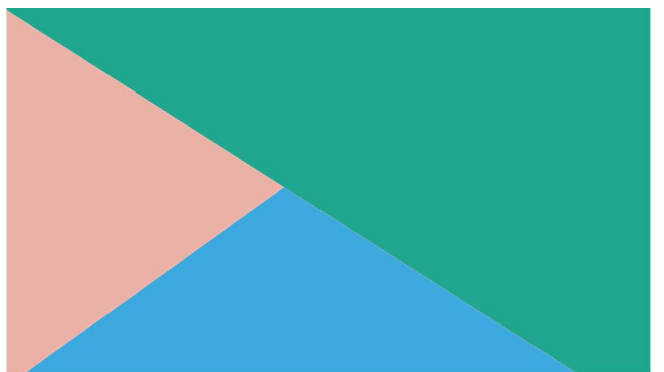
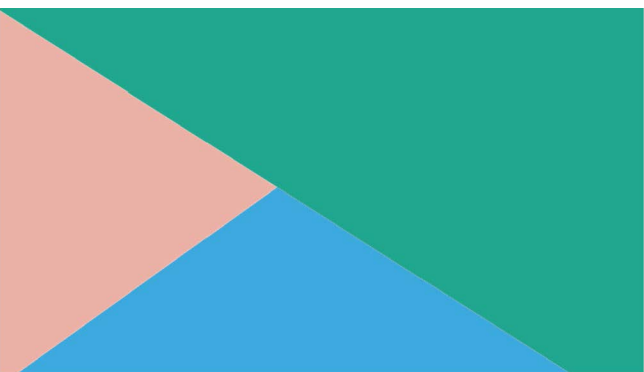
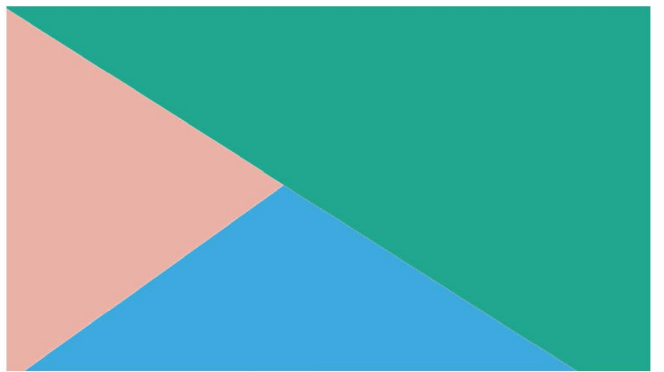
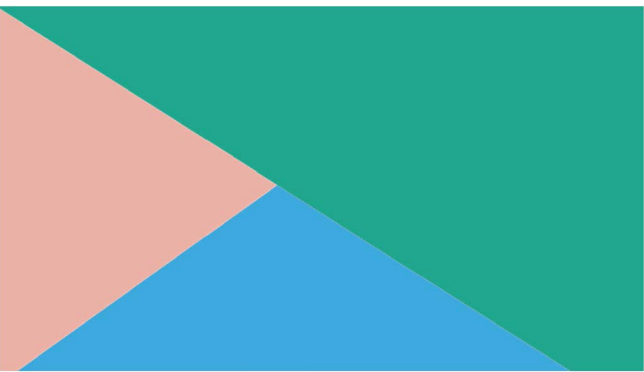
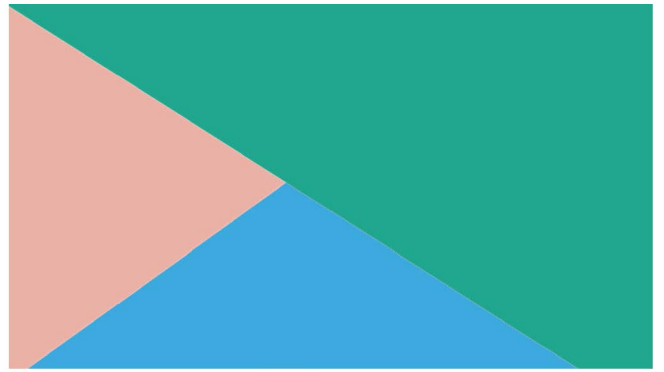
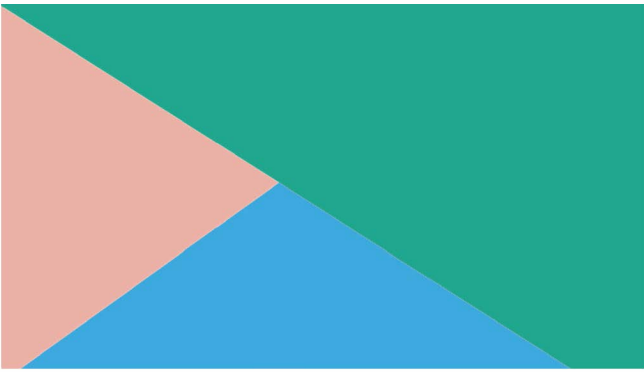
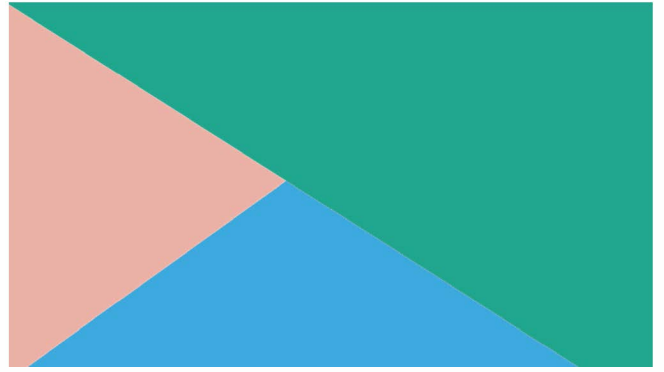
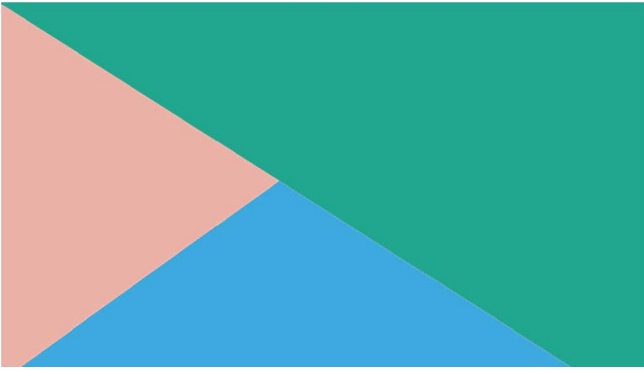
...what would happen, if one of us would be diagnosed as infertile?

**Tell me...**

...would you rather have no sex for six month, or a child together in a year?

**Tell me...**

...in case an accident happen and we would require emergency contraception, how would you react?



**Tell me...**

(if this has happened to you)  
...how did you feel the moment  
you realised we need  
emergency contraception?

**Tell me...**

...would you ever do a  
vasectomy / sterilisation  
once family planning is  
completed?

**Tell me...**

...who do you think takes the  
decisive decisions about con-  
traception in our relationship?

**Tell me...**

...what was (so far) our  
funniest moment during  
sex?

