

Journey of Lisa and Dr. Smith with Aurora



Pre-Diagnosis - Start of Symptoms

Lisa has been **suffering from pain** for some time and does not know what it could be. She tries to ignore them, but they keep coming back and **interfere with her daily activities**. She **feels helpless** because nothing seems to work. So she finally decides to make an appointment with her doctor.



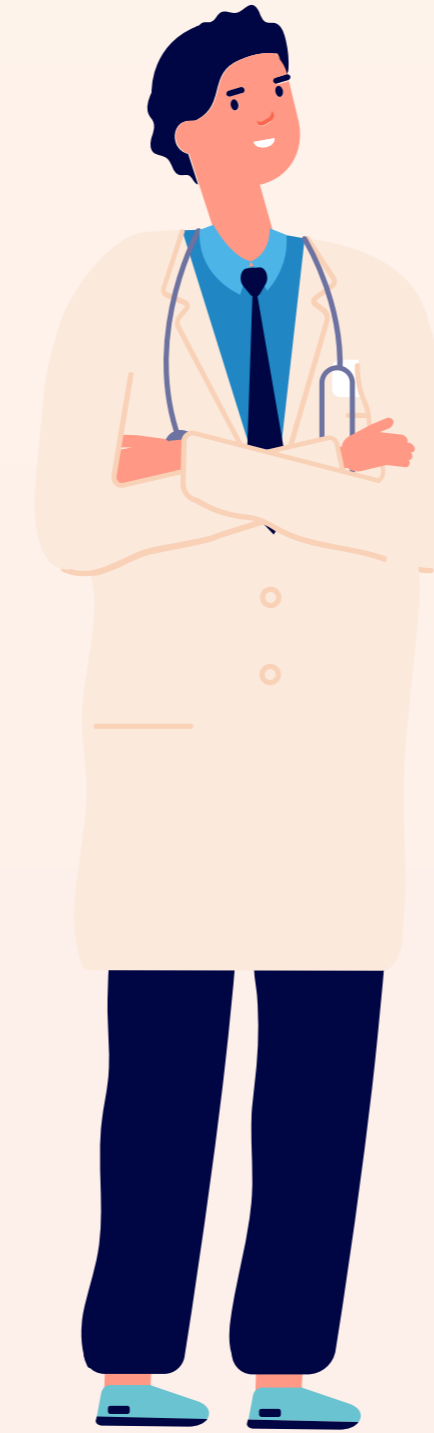
Initial Doctor's Visit

Lisa explains to Dr.Smith that she's been having pain. She has **difficulties remembering and describing how they felt**. Dr. Smith **doesn't see anything** in the physical examination or the blood results. **He's not quite sure what it is**. Instead of sending Lisa home to wait and see, he **recommends** to download Aurora and start **taking note of her symptoms**. **"We will figure this out together"** he says.



Tracking at Home

Lisa's **symptoms keep returning**. She **takes note** on Aurora every time she experiences symptoms. She **feels better knowing that she can keep track of her symptoms on a medically approved app** and doesn't have to wait further months not knowing what she can do. Lisa starts to **learn more about her pain**. Because the symptoms are persistent and the app sent her a hint to consider seeing her doctor, she calls Dr.Smith. She **jots down a few questions** and concerns to discuss on the next visit **in Aurora's notes section** so she will not forget.



Second Medical Encounter

In Aurora, Dr. Smith **sees an overview of Lisa's symptoms**, her **pain level**, and the **questions and concerns** she has. The **cyclical pattern** of Lisa's pain catches his eye. The app **alerts him** that Lisa's symptoms indicates a **risk for endometriosis**, so it is important to keep it in mind. Dr. Smith checks in with Lisa to see how she's doing and mentions what he saw on the overview. "Tell me more about your symptoms." Lisa goes on **describing her pain much clearer than last time**, which **makes it easier for Dr.Smith to follow her and understand her situation**.



Diagnosis

Dr Smith informs Lisa that she likely has **endometriosis**. He explains what it is and what the options are. **Together, they decide how to proceed**. He advises her to **change the version inside Aurora to "with diagnosis"**, which will provide her with additional information. She's a little **overwhelmed** and everything sounds a bit scary, but **she's glad Dr. Smith is guiding her and acknowledging her symptoms**.



Post-Diagnosis

Lisa continues to use Aurora because it **helps her learn more about her body and condition and collect everything in one place**. She also found a support group through the app which she visits regularly. She has a few girlfriends who have been living with inexplicable symptoms and strong period pains who **she tells about endometriosis** and that **having pain isn't normal**. She **recommends them to try out Aurora** to help **guide them and possibly find out what the pain might be**.