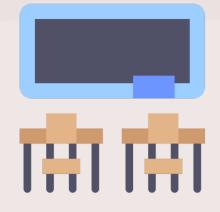
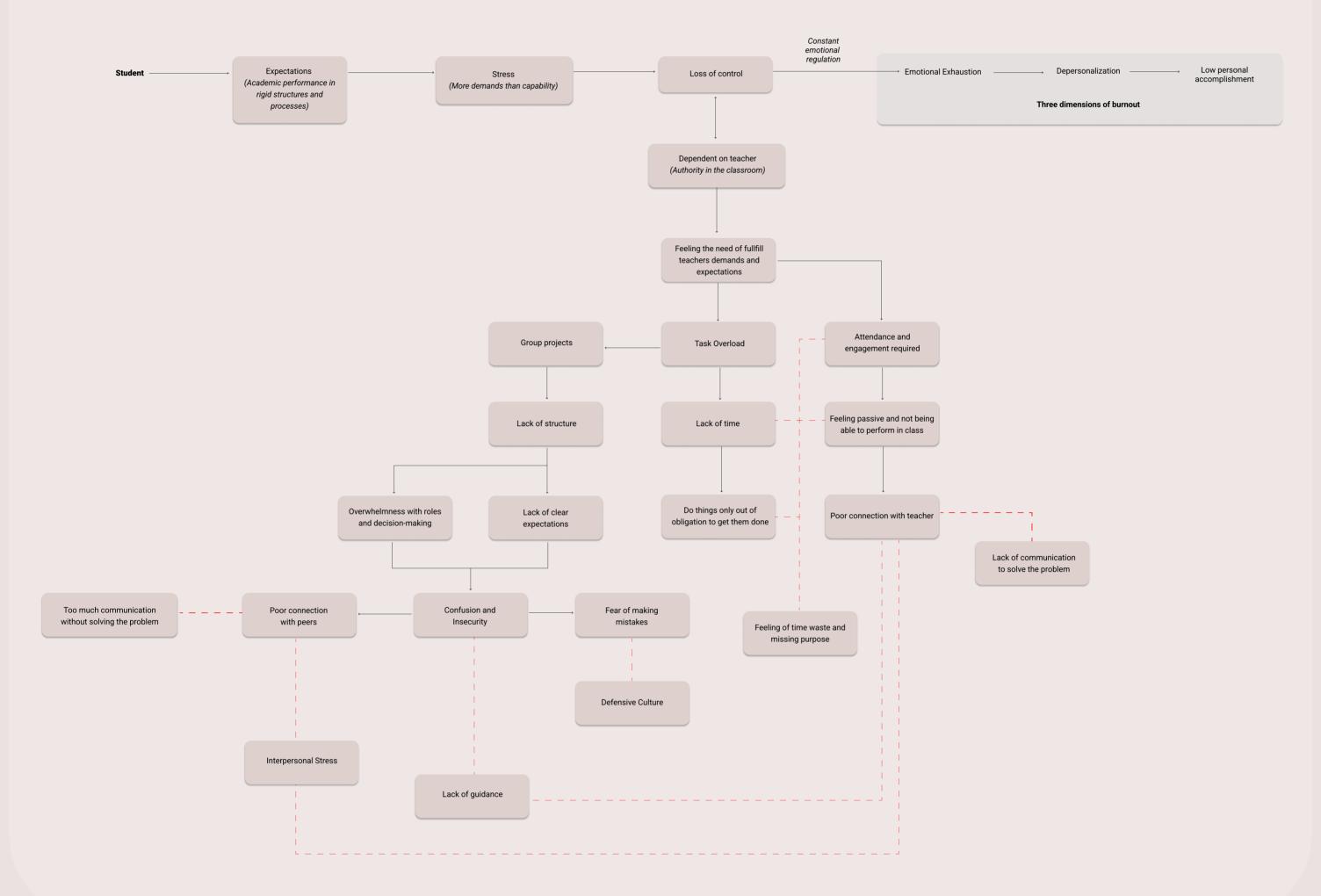
## Role of Expectations

Expectations drive the construction of organizational structures and processes that shape the experiences of stakeholders. The reaction to a specific expectation generates an emotion, which can significantly influence individuals' energy levels. The type of emotion that emerges determines the subsequent shifts in energy levels.



## The Influence of Expectations in the Classroom



Key Finding

Expectations serve as the primary underlying source of tiredness The pressure to fulfill all expectations traps students in a harmful cycle, leaving them feeling powerless to manage their energy-draining factors independently.

However, a closer examination reveals that expectations themselves are not inherently problematic. The issue arises when expectations lack clarity and mutual agreement. Simply removing expectations may not be the solution, as healthy relationships are built upon mutually agreed expectations. Interpersonal stress arises due to issues with expectations. Interviews

revealed a strong dependence of students on the teacher's expectations. This leads to agreement problems among students during group works, resulting in long discussions without finding common ground. There is a lack of clear communication between students and teachers regarding expectations, which contributes to the initial confusion around expectations in group works.