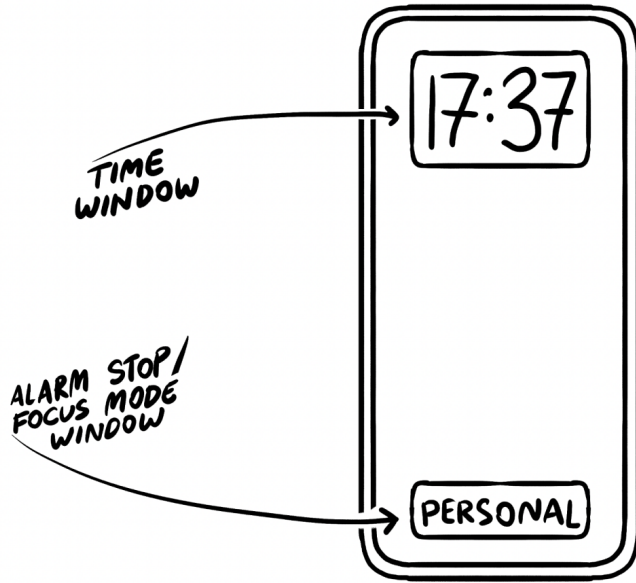


Shell Structure



Say hey to your new go-to buddy for dialling down the digital noise. This ain't just a piece of plexiglass.

🕒 **Time Window:** Glance, don't scroll. Stay timely, not tied down.

🔔 **Alarm & Mode Window:** Silence your alarm, keep your peace, and check your focus—all with a touch.

Less scrolling, more living. Slide your phone in, live your life out. Ready, set, focus!

brought
to you by

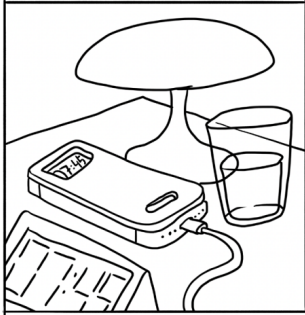
**option
control**



Focus iPhone Cover Use Kit

Alright, so you've got this rad smartphone shell that is gonna act as a lil' shield between you and your screen. It's not a total blocker, but a gentle nudge like, "Hey, remember to keep it real today!".

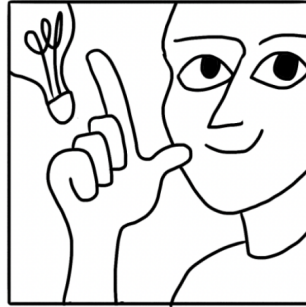
Here's the lowdown on how make a use of it...



STOP ALARM

Morning Buzz Beater

As soon as that alarm goes off, yeet your hand to silence it, but resist the urge to swipe into the void. Slide your phone into the detox shell and let it chill while you do your a.m. routine. If you need to peep the time, no sweat—the shell's got you with the time window.



Set Your Intentions

Before you slip your phone into the shell, make a mini-pact with yourself about what you're aiming to achieve — more focus, more face time with humans, whatever feels right.

Time Check Ok

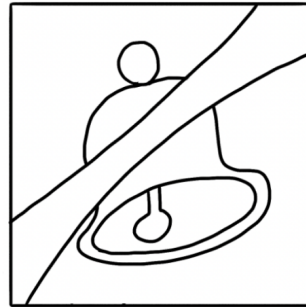
It's cool to use the cutouts to keep an eye on the clock or whack the snooze button. The point is to avoid the rest of the phone's siren call.



FOCUS MODE

Work Hustle Helper

Got a project or just need to grind out some focus time? Slip the phone into the shell and let the cover remind you that rn it's all about that work life, not the scroll life. Check the time if you must, but keep on that productivity train.

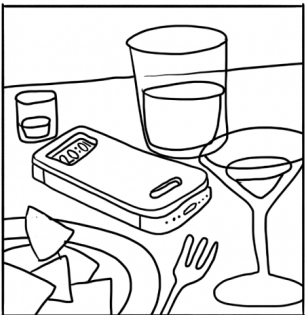


Notifications on Hold

Keep your phone on silent or Do Not Disturb mode while it's in the shell. If it's not urgent, it can wait, and you won't get sucked in by the pings and rings.

Accessibility Balance

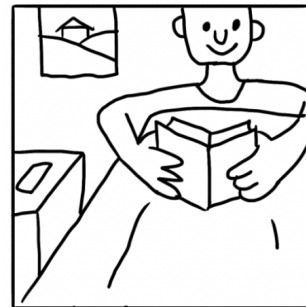
Yeah, we get it, sometimes you can't go full off-grid. So if you need to, like, call your mom or whatever, go ahead and pull the phone out. Just slip it back in when you're done.



PERSONAL

Social Butterfly Booster

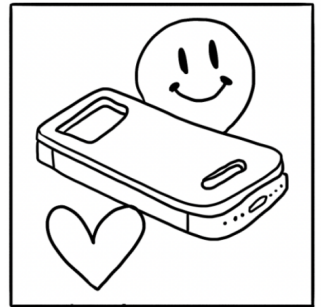
Hanging out with the crew or going out for lunch? Use the shell to keep your phone on the down-low. It's there if you need it, but the shiny shield is your sidekick in keeping the convo 100% in the now.



Evening Wind-Down

As you get ready to catch those Zs, let the shell be a signal that it's time to disconnect. Maybe pick up a book instead of scrolling through feeds until you crash.

Track how you feel at the end of the day. Less anxious? More connected IRL? Jot down those vibes so you can see the perks of giving your phone a time-out. Shoot your experience over to us. Was it a game-changer? Did you miss anything major? We wanna know it all. Test it out, have fun, and let's see if we can hit refresh on our phone habits.



Use Cases

Tips

Tricks